



"Your Nutrition Ally"



Lemon & Strawberry Flavour

daily wellness gummy

(Multivitamin & Minerals)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30 Contents	Amount Per Serving	**Approx % Daily Values		
		in Children (5-12 years)	in Teens (13-17 years)	in Adults (18 years & Above)
Calories	7.5 kcal	<0.5%	<0.5%	<0.5%
Total Carbohydrate	2 g	*	*	*
Sugars	1.5 g	*	*	*
Dietary Fiber (as Pectin)	0.05 g	*	*	*
Proteins	0 g	0%	0%	0%
Fats	0 g	0%	0%	0%
Sodium	7.7 mg	<1%	<1%	<1%
Vitamin C (as Ascorbic Acid)	12 mg	27%	15%	18%
Vitamin E (as D-Alpha Tocopherol Acetate)	2.5 mg	25%	25%	25%
Pantothenic Acid (as Calcium-D-Pantothenate)	1.25 mg	38%	25%	25%
Zinc (as Zinc Citrate)	1 mg	12%	7%	8%
Magnesium (as Magnesium Citrate)	0.5 mg	1%	0.25%	<0.5%
Vitamin A (as Vitamin A Palmitate)	187.5 mcg	29%	22%	22%
Folate (1 Folic acid= 1.7 Folate Equivalent)	50 mcg	27%	19%	23%
Iodine (as Potassium Iodide)	19 mcg	18%	14%	13%
Vitamin D (as Ergocalciferol)	1.25 mcg	8.3%	8.3%	8.3%
Vitamin B12 (as Cyanocobalamin)	1 mcg	45%	45%	45%

**%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Vitamin C, Sodium Chloride, Vitamin E, Pantothenic Acid, Zinc, Magnesium, Lemon & Strawberry Flavour and Food Colour: Curcumin (INS 100) & Black Carrot Concentrate (Daucus Carota root extract). Vitamin A, Folic Acid, Iodine, Vitamin D, Vitamin B12.

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)

+No product based claims are made which is in accordance with Schedule-I of the FSS (Advertising and Claims) Regulations laid by Food Safety & Standards Authority of India. All claims are ingredient based and are basis generic clinical substantiation and available research papers. This product is not meant to diagnose, treat, prevent or cure any disease. Brand owners have to apply for Indian vegan approval to endorse vegan logo on the labels.



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"Your Nutrition Ally"



Mango Flavour

energy booster gummy

(B-Complex)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30 Contents	Amount Per Serving	**Approx % Daily Values		
		in Children (5-12 years)	in Teens (13-17 years)	in Adults (18 years & Above)
Calories	7.5 kcal	<0.5%	<0.5%	<0.5%
Total Carbohydrate	2 g	*	*	*
Sugars	1.5 g	*	*	*
Dietary Fiber (as Pectin)	0.05 g	*	*	*
Proteins	0 g	0%	0%	0%
Fats	0 g	0%	0%	0%
Sodium	4 mg	<0.5%	<0.5%	<0.5%
Choline (as Choline dihydrogen Citrate)	25 mg	10%	6%	6%
Vitamin B5 (as Calcium-D Pantothenate)	2 mg	61%	40%	40%
Vitamin B6 (as Pyridoxine Hydrochloride)	0.5 mg	30%	22%	26%
Vitamin B1 (as Thiamine Hydrochloride)	0.3 mg	25%	18%	21%
Folate (1 Folic acid = 1.7 Folate Equivalent)	100 mcg	53%	37%	45%
Inositol	20 mcg	2%	2%	2%
Biotin	6 mcg	20%	20%	20%
Vitamin B12 (as Cyanocobalamin)	0.6 mcg	27%	27%	27%

**%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Choline, Vitamin B5, Vitamin B6, Vitamin B1, Mango Flavour and Food Colour: Curcumin (INS 100). Folic Acid, Inositol, Biotin, Vitamin B12. Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

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"Your Nutrition Ally"



Mango & Strawberry Flavour

bone support gummy

(Calcium & Vitamin D)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30 Contents	Amount Per Serving	**Approx % Daily Values		
		in Children (5-12 years)	in Teens (13-17 years)	in Adults (18 years & Above)
Calories	12 kcal	<0.6%	<0.6%	<0.6%
Total Carbohydrate	3.2 g	*	*	*
Sugar	2.4 g	*	*	*
Dietary Fiber (as pectin)	0.08 g	*	*	*
Proteins	0 g	0%	0%	0%
Fats	0 g	0%	0%	0%
Sodium	4 mg	<0.5%	<0.5%	<0.5%
Calcium (as Tricalcium Phosphate)	125 mg	23%	13%	13%
Vitamin D (as Ergocalciferol) (200IU of Vitamin D=5 mcg)	200 IU	33%	33%	33%

Approximate Phosphorus content from Tricalcium Phosphate, which is a source of both calcium & phosphorus is 70mg/gummy

***%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Content of phosphorus is not substantiated. Approximate phosphorus content is mentioned for reference purpose only. Tricalcium phosphate provides calcium & phosphorus which are essential minerals.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Tricalcium Phosphate, Mango & Strawberry Flavour and Food Colour: Curcumin (INS 100) & Black Carrot Concentrate (Daucus Carota root extract), Vitamin D. Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)



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"Your Nutrition Ally"



Lemon Flavour

bone strength gummy

(Vitamin D)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30 Contents	Amount Per Serving	**Approx % Daily Values		
		in Children (5-12 years)	in Teens (13-17 years)	in Adults (18 years & Above)
Calories	12 kcal	<0.6%	<0.6%	<0.6%
Total Carbohydrate	3.2 g	*	*	*
Sugar	2.4 g	*	*	*
Dietary Fiber (as pectin)	0.08 g	*	*	*
Proteins	0 g	0%	0%	0%
Fats	0 g	0%	0%	0%
Sodium	4 mg	<0.5%	<0.5%	<0.5%
Calcium (as Tricalcium Phosphate)	125 mg	23%	13%	13%
Vitamin D (as Ergocalciferol) (200IU of Vitamin D=5 mcg)	200 IU	33%	33%	33%

Approximate Phosphorus content from Tricalcium Phosphate, which is a source of both calcium & phosphorus is 70mg/gummy

***%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

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Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Content of phosphorus is not substantiated. Approximate phosphorus content is mentioned for reference purpose only. Tricalcium phosphate provides calcium & phosphorus which are essential minerals.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Tricalcium Phosphate, Mango & Strawberry Flavour and Food Colour: Curcumin (INS 100) & Black Carrot Concentrate (Daucus Carota root extract), Vitamin D. Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

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"Your Nutrition Ally"



Orange Flavour

vitamin c gummy

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30 Contents	Amount Per Serving	**Approx % Daily Values		
		in Children (5-12 years)	in Teens (13-17 years)	in Adults (18 years & Above)
Calories	7.5 kcal	<0.5%	<0.5%	<0.5%
Total Carbohydrate	2 g	*	*	*
Sugars	1.5 g	*	*	*
Dietary Fiber (as Pectin)	0.05 g	*	*	*
Proteins	0 g	0%	0%	0%
Fats	0 g	0%	0%	0%
Sodium	4 mg	<0.5%	<0.5%	<0.5%
Vitamin C (as Ascorbic Acid)	30 mg	67%	46%	46%

**%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Vitamin C, Orange Flavour and Food Colour: Paprika (INS160c). Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)



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"Your Nutrition Ally"



Strawberry Flavour

blood builder gummy (Folic Acid)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values In Prenatal and Expectant mothers
Contents		
Calories	7.5 kcal	<0.5%
Total Carbohydrate	2 g	*
Sugars	1.5 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Folate (1 Folic acid = 1.7 Folate Equivalent)	500 mcg	100%

**%RDA Calculated is based on ICMR 2020 guidelines for Prenatal & Expectant Mothers.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440),
Acidity Regulator (INS 330, & 331iii), Strawberry Flavour and Food Colour:
Black Carrot Concentrate (INS 163), Folic Acid.

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish,
Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.
Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

**CONTAINS PERMITTED NATURAL COLOURS (INS) AND
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"Your Nutrition Ally"



Strawberry Flavour

kids iron gummy

NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15 Contents	Amount Per Serving	**Approx % Daily Values	
		In Kids (5-12 years)	In Teens (13-18 years)
Energy	16 kcal	<1%	<1%
Total Carbohydrate	4.4 g	*	*
Sugars	3.2 g	*	*
Dietary Fiber (as Pectin)	0.10 g	*	*
Proteins	0 g	0%	0%
Fats	0 g	0%	0%
Sodium	8 mg	<1%	<1%
SunActive Fe; Ferric Pyrophosphate (contains Elemental Iron 13mg)	170 mg	100%	50%

**%RDA Calculated is based on ICMR 2020 guidelines for Children 5-12 years & Teens (13-18yrs).

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.
Gummy weight may vary due to drying.

SunActive® Fe is a registered trademark of Taiyo Kagaku International, Japan

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Iron, Strawberry Flavour and Food Colour: Black Carrot Concentrate (Daucus Carota root extract), Natural Sweetener Stevia (INS 960).

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.
Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS
(NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Mango Flavour

antioxidant anti-inflammatory gummy (Curcumin)

NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15	Amount Per Serving	**Approx % Daily Values In Children (5-17 years) & Adults (18 years & above)
Contents		
Energy	16 kcal	<1%
Total Carbohydrate	4.4 g	*
Sugars	3.2 g	*
Dietary Fiber (as Pectin)	0.10 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	8 mg	<1%
Cureit Curcumin	130 mg	*

**%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Mango Flavour and Food Colour: Curcumin (INS 100), Cureit Curcumin, Natural Sweetener Stevia (INS 960). Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Strawberry Mix Flavour

eye gummy

(Lutein Astaxanthin & Zeaxanthin)

NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15	Amount Per Serving	**Approx % Daily Values In Children (5-17 years) & Adults (18 years & above)
Contents		
Energy	16 kcal	<1%
Total Carbohydrate	4.4 g	*
Sugars	3.2 g	*
Dietary Fiber (as Pectin)	0.10 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	8 mg	<1%
Omega 3 : DHA(Algal DHA 10%) (Docosahexaenoic acid)	100 mg	*
Vitamin C (as Ascorbic Acid)	30 mg	46%
Vitamin E (as D-Alpha Tocopherol Acetate)	5.04 mg	50%
Lutein 20%	4 mg	*
Astaxanthin 2%	1600 mcg	*
Zeaxanthin 10%	800 mcg	*
Vitamin A (as Vitamin A Palmitate)	499.8 mcg	78%

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#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Omega 3, Vitamin C, Vitamin E, Lutein 20%, Strawberry Mix Flavour and Food Colour: Black Carrot Concentrate (Daucus Carota root extract), Astaxanthin 2%, Zeaxanthin 10%, Vitamin A, Natural Sweetener Stevia (INS 960). Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

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"Your Nutrition Ally"



Strawberry-Mint Flavour

lutein+ eye gummy

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values In Children (5-17 years) & Adults (18 years & above)
Contents		
Energy	8 kcal	<1%
Total Carbohydrate	2.2 g	*
Sugars	1.6 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Lutein(Lutegen® 50mg Marigold Flower (Tagetes erecta Extract)	10 mg	*
Zeaxanthin (Lutegen® 50mg Marigold Flower (Tagetes erecta Extract)	2 mg	*

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*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Sodium Chloride, Lutegen Zeaxanthin Complex.

Strawberry-Mint Flavour. Natural Sweetener Stevia (INS 960),

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA

Lute-gen is a Registered Trademark of Biogen Extracts Pvt Ltd., with a Vision for your Future, & Lutein beyond eye health. "A randomized, double-blind, parallel, placebo-controlled study demonstrated Higher MPOD values may reduce the risk of various eye diseases, especially late forms of Age-related Macular Degeneration (AMD), and could protect the ocular cells against oxidative damage and blue light



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"Your Nutrition Ally"



Kaccha Aam Flavour

immuno defence gummy (Phytonutrients)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values In Children (5-17 years) & Adults (18 years & above)
Contents		
Energy	8 kcal	< 1%
Total Carbohydrate	2.2 g	*
Sugars	1.6 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	< 0.5%
Elderberry extract (sp. Sambucus Nigra standardized to 4% flavones)	50 mg	*
Vitamin C (as Ascorbic Acid)	25 mg	38%
Blueberry extract (sp. Vaccinium corymbosum standardized to 25% anthocyanins)	25 mg	*
Vitamin E (as D-alpha tocopherol Acetate)	5 mg	50%
Zinc (as Zinc Citrate)	3 mg	23%

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#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Elderberry Extract, Vitamin C, Blueberry Extract, Vitamin E, Zinc. Kaccha Aam Flavour, Natural Sweetener Stevia (INS 960).

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Strawberry Flavour

hair skin nail gummy (Biotin)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values in Teens (13-17 years) & Adults (18 years & above)
Contents		
Energy	8 kcal	< 1%
Total Carbohydrate	2.2 g	*
Sugars	1.6 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	< 0.5%
Vitamin C (as Ascorbic Acid)	11.25 mg	17%
Vitamin E (as D-alpha tocopherol Acetate)	10 mg	100%
Inositol	2.5 mg	< 1%
Zinc (as Zinc Citrate)	1 mg	8%
Vitamin B6 (as Pyridoxine HCL)	0.25 mg	13%
Vitamin A (as Vitamin A Palmitate)	300 mcg	35%
Folate (1 Folic acid = 1.7 Folate equivalent)	220 mcg	100%
Biotin	30 mcg	100%
Iodine (as Potassium Iodide)	21 mcg	14%
Vitamin B12 (as Cyanocobalamin)	1 mcg	45%

**%RDA Calculated is based on ICMR 2020 guidelines for Teens 13-17 years

& Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

* Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Vitamin C, Vitamin E, Inositol, Zinc, Vitamin B6, Strawberry Flavour and Food Colour: Black Carrot Concentrate (Daucus Carota root extract), Vitamin A, Folic Acid, Biotin, Iodine, Vitamin B12. Natural Sweetener Stevia (INS 960). Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Apple Flavour

detox gummy

(With Apple Cider Vinegar)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values in Teens (13-17 years) & Adults (18 years & above)
Contents		
Energy	8 kcal	<1%
Total Carbohydrate	2.2 g	*
Sugars	1.6 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Apple Cider Vinegar (5% Acetic Acid)	250 mg	*
Folate (1 Folic acid=1.7 Folate equivalent)	100 mcg	45%
Beet root extract (beta vulgaris)	20 mcg	*
Pomegranate extract (standardized to 20% ellagic acid)	20 mcg	*
Vitamin B12 (as Cyanocobalamin)	0.5 mcg	23%

**%RDA Calculated is based on ICMR 2020 guidelines for Teens & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Apple Cider Vinegar. Apple Flavour and Food Colour: Black Carrot Concentrate (Daucus Carota root extract), Folic Acid, Beet root Extract, Pomegranate Extract. Natural Sweetener Stevia (INS 960), Vitamin B12. Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Apple Flavour

detox pro gummy (With Apple Cider Vinegar)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values in Teens (13-17 years) & Adults (18 years & above)
Contents		
Energy	8 kcal	<1%
Total Carbohydrate	2.2 g	*
Sugars	1.6 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Apple Cider Vinegar (5% Acetic Acid)	500 mg	*
Folate (1 Folic acid=1.7 Folate equivalent)	100 mcg	45%
Beet root extract (beta vulgaris)	20 mcg	*
Pomegranate extract (standardized to 20% ellagic acid)	20 mcg	*
Vitamin B12 (as Cyanocobalamin)	0.5 mcg	23%

**%RDA Calculated is based on ICMR 2020 guidelines for Teens & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Apple Cider Vinegar. Apple Flavour and Food Colour: Black Carrot Concentrate (Daucus Carota root extract), Folic Acid, Beet root Extract, Pomegranate Extract. Natural Sweetener Stevia (INS 960), Vitamin B12. Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Strawberry Flavour

melatonin gummy

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving per container 30	Amount Per Serving	**Approx % Daily Values in Adults (18 years & above)
Contents		
Energy	8 kcal	<1%
Total Carbohydrate	2.2 g	*
Sugars	1.6 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Fats	0 g	0%
Sodium	4 mg	<0.5%
Melatonin (as N-Acetyl-5-Methoxytryptamine)	5 mg	*

**%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Melatonin, Strawberry Flavour and Food Colour : Black Carrot Concentrate (Daucus Carota root extract), Natural Sweetener Stevia (INS 960). Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Strawberry-Mint Flavour

she-arise gummy

(With Goodness Of Rejuvenating Herbs Panax Ginseng, Ginkgo Biloba & Fenugreek Extract)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving per container 30	Amount Per Serving	**Approx % Daily Values in Adults (18 years & above)
Contents		
Energy	8.8 kcal	<1%
Total Carbohydrate	2.4 g	*
Sugars	1.77 g	*
Dietary Fiber (as pectin)	0.06 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Fenugreek Extract (Trigonella-foenum-graecum-seeds extract)	125 mg	*
Panax ginseng (Syn: Korean Ginseng) extract – obtained from 0.6 g to 2.0 g of Ginseng root (Panax ginseng C.A. Meyer, Family: Araliaceae)	30 mg	*
Ginkgo biloba (Ginkgo biloba extract obtained from dried leaves of Ginkgo (Ginkgo biloba. L.)	10 mg	*
Saffron (Crocus sativus I. STYLE/STIGMA	15 mg	*
Zinc (as Zinc Citrate)	5 mg	29%

**%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Fenugreek Extract, Panax ginseng, Zinc, Monk Fruit juice, Strawberry-Mint Flavour and Food Colours: Black Carrot Concentrate (Daucus carota root extract), Natural Sweetener Stevia (INS 960).
Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.
Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS
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"Your Nutrition Ally"



Strawberry Flavour

PMS Gummy

(Chamomile & Chaste Berry)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values in Teen Girls (13-17yrs) & Adults Women
Contents		
Energy	8.3 kcal	<1%
Total Carbohydrate	2.28 g	*
Sugars	1.68 g	*
Dietary Fiber (as Pectin)	0.06g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Lemon Grass (Rosha ghas whole plant) extract	50 mg	*
Chamomile (Matricaria chamomilla (Matricaria recutita) aerial parts extract)	20 mg	*
Pumpkin Seed extract (Cucurbita pepo, C. maxima)	20 mg	*
Chaste berry (Vitex agnus-castus Linn. fruit extract)	10mg	*
Beet root extract (Beta vulgaris)	10 mg	*
Vitamin B6 (as Pyridoxine HCL)	0.5 mg	26%
Folate (1 Folic acid= 1.7 Folate Equivalent)	100 mcg	45%
Vitamin B12 (as Cyanocobalamin)	2 mcg	91%

**%RDA calculated is based on ICMR 2020 guidelines for Teen Girls (13-17yrs) & Adult women based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331iii), Lemon Grass, Chamomile, Pumpkin Seed Extrat, Chaste berry, Beet root Extract, Vitamin B6, Strawberry flavour and Food Colours: Black Carrot concentrate (Daucus Carota root extract), Natural Coating (INS903 & INS905e), Folic Acid, Vitamin B12, Natural Sweetener Stevia (INS 960).

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA.



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"Your Nutrition Ally"



Apple Flavour

glow skin gummy

(Veg Collagen & Hyaluronic Acid)

NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15	Amount Per Serving	**Approx % Daily Values in Adults Women & Men (18 years & above)
Contents		
Calories	16.6 kcal	<2%
Total Carbohydrate	4.56 g	*
Sugars	3.36 g	*
Dietary Fiber (as Pectin)	0.12 g	*
Proteins	0 g	0%
Sodium	8 mg	<1%
Fats	0 g	0%
Hyaluronic Acid	25 mg	*
Acerola (Malpighia emarginata fruit extract) (standardized to 17% Natural Vitamin C)	25 mg	*
Collagen peptide	15 mg	*
Omega 3 :DHA(Algal DHA 10%) (Docosahexaenoic acid)	25 mg	*
Zinc (as Zinc citrate)	7 mg	54%
Seabuckthorn (Hippophae rhamnoides fruit dried powder)	5 mg	*
Vitamin E (as D-Alpha Tocopherol Acetate)	5 mg	50%

**%RDA calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440,418,407), Acidity Regulator (INS 330, & 331iii), Vegan Hyaluronic Acid, Acerola, Collagen Peptide, Omega 3, Zinc, Seabuckthorn, Natural Vitamin E, Apple Flavour and Food Colours : Black Carrot concentrate (Daucus Carota root extract), Natural Sweetener Stevia (INS 960). Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA.



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"Your Nutrition Ally"



Kaccha Aam (Tangy-Mango)

skin defence gummy (Phytonutrients)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values In Children (5-17 years) & Adults (18 years & above)
Contents		
Energy	8 kcal	< 1%
Total Carbohydrate	2.2 g	*
Sugars	1.6 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	< 0.5%
Elderberry extract (sp. Sambucus Nigra standardized to 4% flavones)	50 mg	*
Vitamin C (as Ascorbic Acid)	25 mg	38%
Blueberry extract (sp. Vaccinium corymbosum standardized to 25% anthocyanins)	25 mg	*
Vitamin E (as D-alpha tocopherol Acetate)	5 mg	50%
Zinc (as Zinc Citrate)	3 mg	23%

**%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Elderberry Extract, Vitamin C, Blueberry Extract, Vitamin E, Zinc. Kaccha Aam (Tangy-Mango) Flavour, Natural Sweetener Stevia (INS 960).
Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.
Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS
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"Your Nutrition Ally"



Orange Flavour

slim gummy

(With L- Carnitine & Green Coffee Extract)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values in Adults Women & Men (18 years & above)
Contents		
Energy	8.3 kcal	< 1%
Total Carbohydrate	2.28 g	*
Sugars	1.68 g	*
Dietary Fiber (as Pectin)	0.6 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	11 mg	< 1%
Green Coffee Bean Extract	40 mg	*
Vitamin C (as Ascorbic Acid)	20 mg	31%
L-Carnitine	20 mg	*

**%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331iii), Sodium Chloride, Green Coffee L-Carnitine, Orange flavour and Food Colours: Paprika (INS160c) Coating (INS903 & INS 905e), Vitamin C, Sodium, Natural Sweetener Stevia(INS 960).

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Strawberry Flavour

vitality gummy

(With Ashwagandha)

NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15	Amount Per Serving	**Approx % Daily Values in Adults Women & Men (18 years & above)
Contents		
Energy	17.6 kcal	<1%
Total Carbohydrate	4.8 g	*
Sugars	3.54 g	*
Dietary Fiber (as Pectin)	0.12 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	8 mg	<1%
Ashwagandha (Withania Somnifera Root Extract)	300 mg	*

**%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331iii), Ashwagandha, Strawberry flavour and Food Colours: Black Carrot Concentrate (Daucus carota root extract), Natural Sweetener Stevia(INS 960).
Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.
Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS
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"Your Nutrition Ally"



Strawberry Flavour

focus gummy

(With Vitamin D & Ashwagandha)

NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15	Amount Per Serving	**Approx % Daily Values in Adults Women & Men (18 years & above)
Contents		
Energy	17.6 kcal	<1%
Total Carbohydrate	4.8 g	*
Sugars	3.54 g	*
Dietary Fiber (as Pectin)	0.12 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	8 mg	<1%
Ashwagandha (Withania Somnifera Root Extract)	300 mg	*
Vitamin D (as Ergocalciferol)	10 mcg	67%

**%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Natural Sweetener Stevia Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331iii), Ashwagandha, Strawberry Flavour and Food Colours: Black Carrot Concentrate (Daucus carota root extract), Vitamin D, Natural Sweetener Stevia(INS 960).

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Strawberry Flavour

relax gummy

(With Melatonin & Ashwagandha)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving per container 30	Amount Per Serving	**Approx % Daily Values in Adults Women & Men (18 years & above)
Contents		
Energy	8.8 kcal	<1%
Total Carbohydrate	2.4 g	*
Sugars	1.77 g	*
Dietary Fiber (as Pectin)	0.06 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Ashwagandha (Withania Somnifera Root Extract)	50 mg	*
Melatonin (as N-Acetyl-5-Methoxytryptamine)	5 mg	*

**%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331iii), Ashwagandha, Melatonin, Strawberry Flavour and Food Colours: Black Carrot Concentrate (Daucus carota root extract), Natural Sweetener Stevia(INS 960).

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Chyawanprash Flavour

immunoprash gummy

(With Goodness Of Ayurvedic 40+ Herbs)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving per container 30	Amount Per Serving	**Approx % Daily Values In Children (5-17 years) & Adults (18 years & above)
Contents		
Energy	8.8 kcal	<1%
Total Carbohydrate	2.41 g	*
Sugars	1.8 g	*
Dietary Fiber (as pectin)	0.06 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Trueextracts® Chyawanprash Blend (Blend of Giloy, Ashwagandha, Mahameda, Amla, Harad, Draksha, Gokshura & other nutraceutical ingredients)	132 mg	*

**%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Trueextracts® Chyawanprash Blend: Amla (Phyllanthus emblica) Dried Fruit Extract, Bael (Aegle marmelos) Ripe Fruit Extract, Arni (Clerodendrum phlomidis) Whole Plant Extract, Indian Trumpet Tree (Oroxylum indicum) Bark Extract, Gambhari (Gmelina arborea) Stem Extract, Licorice (Glycyrrhiza glabra) Root Extract, Shalaparni (Desmodium gangeticum) Whole Plant Extract, Prishnaparni (Uria picta) Whole Plant Extract, Vigna (Vigna trilobata) Whole Plant Extract, Teramnus (Teramnus labialis) Whole Plant Extract, Gokhru (Tribulus terrestris) Whole Plant Extract, Brihati (Solanum indicum) Root Extract, Kakra Shringi (Pistacia integerrima) Gall Extract, Draksha (Vitis vinifera) Dried Fruit Extract, Swarnakshiri (Leptadenia reticulata) Whole Plant Extract, Pushkarmool (Inula racemosa) Root Extract, True Cinnamon (Cinnamomum verum) Bark Extract, Heart-leaved Moonseed (Tinospora cordifolia) Extract, Air Potato (Dioscorea bulbifera) Tuber Extract, Spiked Ginger Lily (Hedychium spicatum) Rhizome Extract, Nut Grass (Cyperus rotundus) Extract, Desert Horse Purslane (Trianthema portulacastrum) Whole Plant Extract, Shatavari (Asparagus racemosus) Tuberous Root Extract, Cardamom (Elettaria cardamomum) Seed Extract, White Water Lily (Nymphaea alba) Flower Extract, Elephant Creeper (Ipomoea digitata) Root Tuber Extract, Malabar Nut (Adhatoda zeylanica) Root Extract, Whorled Solomon's Seal (Polygonatum verticillatum) Rhizome Extract, Ashwagandha (Withania somnifera) Extract, Indian Long Pepper (Piper longum) Extract, Spreading Hogweed (Boerhavia diffusa) Leaf Extract, Indian Bay Leaf (Cinnamomum tamala) Leaf Extract, Indian Rose Chestnut (Mesua ferrea) Stamen Extract, Haritaki (Terminalia chebula) Fruit Extract, Natural Sweetener Stevia (INS 960). Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA

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"Your Nutrition Ally"



Strawberry-Mint Flavour

testosterone booster gummy

(With Goodness Of Rejuvenating Herbs Panax Ginseng, Ginkgo Biloba & Fenugreek Extract)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving per container 30	Amount Per Serving	**Approx % Daily Values in Adults (18 years & above)
Contents		
Energy	8.8 kcal	<1%
Total Carbohydrate	2.4 g	*
Sugars	1.77 g	*
Dietary Fiber (as pectin)	0.06 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Fenugreek Extract (Trigonella-foenum-graecum-seeds extract)	125 mg	*
Panax ginseng (Syn: Korean Ginseng) extract – obtained from 0.6 g to 2.0 g of Ginseng root (Panax ginseng C.A. Meyer, Family: Araliaceae)	30 mg	*
Ginkgo biloba (Ginkgo biloba extract obtained from dried leaves of Ginkgo (Ginkgo biloba. L.)	10 mg	*
Saffron (Crocus sativus I. STYLE/STIGMA	15 mg	*
Zinc (as Zinc Citrate)	5 mg	29%

**%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Fenugreek Extract, Panax ginseng, Zinc, Monk Fruit juice, Strawberry-Mint Flavour and Food Colours: Black Carrot Concentrate (Daucus carota root extract), Natural Sweetener Stevia (INS 960).

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.
Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA

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"Your Nutrition Ally"



Chyawanprash Flavour

immuno powerprash gummy

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving per container 30	Qty./ Serving	**Approx % Daily Values in Children (5-17 years) & Adults (18 years & above)
Contents		
Energy	4.2 kcal	<1%
Total Carbohydrate	2 g	*
Sugars	0 g	*
Added Sugar	0 g	*
Sugar Alcohol	2 g	*
Proteins	0 g	0%
Fat	0 g	0%
Ashwagandha (Withania somnifera (L.))	10 mg	*
Spinach Powder Spray Dried (Spinacia oleracea)	5 mg	*
Proprietary Chawanprash (Nutraceutical Blend of Giloy, Guduchi, Ashwagandha, Mahameda, Amla, Harad, Draksha, Gokshura & other nutraceutical ingredients)	132 mg	*
Ginger Extract (as Zingiber officinale)	5 mg	*
Tulsi Extract (as Ocimum tenuiflorum)	5 mg	*
Amla Extract (as Phyllanthus emblica)	2.5 mg	*
Brahmi Extract (as Bacopa monnieri)	2.5 mg	*
Zinc (as Zinc sulphate)	3 mg	9%

***%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.
#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Polyols may have laxative effects.

Ingredients: HMaltitol powder (INS 965i) and Maltitol Syrup (INS 965ii), Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331iii), Aq. Powder Extract of Amalaki (Embellica officinalis Gaertn) Fruit, Pippali (Piper longum) Fr., Bilva (Aegle marmelos) St.Bk, Agnimanth (Clerodendrum phlomidis) Rt., Shyonak (Oroxylum indicum) St.Bk, Gambhari (Gmelina arborea) St.Bk., Bala (Sida cordifolia) Wh.Pl., Prunsharni (Uraria picta) Shalparni (Desmodium gangeticum) Rt., trilobus Wh.Pl., Mashaparn Wh.Pl., Mudgaparni (Phaseolus Teramnus labialis) Wh.Pl., Gokshur (Tribulus terrestris) Fr., Bruhati (Solanum indicum) Wh.Pl., Kantakari (Solanum xanthocarpum), Wh.Pl. Karkatshringi (Pistacia integerrima) Globu., Tamalaki (Phyllanthus niruri) Wh.Pl., Draksha (Vitis vinifera) Fr., Jivanti (Leptadenia reticulata) Rt., Pushakra (Inula racemosa) Rt., Twak (Cinnamomum zeylanicum) St.Bk., Haritaki (Terminalia chebula) Fr., Giloy (Tinospora cordifolia) St., Riddhi/Jivak/Rushabhak/Vridhhi Sub. Varahi Kanda (Dioscorea bulbifera) Rt., Shati (Hedychium spicatum) Rz. Nagarmotha (Cyperus rotundus) Rt., Punarnava sub. Shatavari (Asparagus racemosus) (Boerhavia di usa) Rt., Meda cardamomum) Fr., Kamal (Nymphaea stellata) Fl., Rt., Ela (Eleteria Mahameda) Rt., Vasa Adhatoda vasita) Rt., (Pueraria tuberosa) Vidari Ela (Eleteria /Kakoli Sub. , Ashwagandha (Asparagus racemosus), Cardamomum Fr. , Tejapatra (Cinnamomum tamala) Lt., Nagkeshar (Mesua ferrea) Stamen. Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

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"Your Nutrition Ally"



NO
ADDED
SUGAR



Cranberry Mint Flavour

rejuvenating gummy

NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15	Qty/ Serving	**Approx % Daily Values in Adults Women & Men (18 years & above)
Contents		
Energy	8.4 kcal	<2%
Total Carbohydrate	4 g	*
Sugars	0 g	*
Added Sugar	0 g	*
Sugar Alcohol	4 g	*
Proteins	0 g	0%
Fat	0 g	0%
Sodium	8 mg	<1%
Inulite™ Ashwagandha (Withania somnifera Root Extract)	300 mg	*
Vitamin D (as Ergocalciferol)	5 mcg	33.33%

**%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.
Gummy weight may vary due to drying.

Ingredients: Maltitol Syrup (INS 965ii), Water, Gelling Agents (INS 440, INS 418 & INS 407), Acidity Regulators (INS 330 & INS 331(iii)), Inulite™ Ashwagandha (Withania somnifera Root Extract), Cranberry mint flavour and food colours & Vitamin D (Ergocalciferol).
Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.
Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS
(NATURAL FLAVOURING SUBSTANCES)



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"Your Nutrition Ally"



Ganggy Mango & Lemon Mix Flavour

vital vitamins gummy

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30 Contents	Amount Per Serving	**Approx % Daily Values	
		In Teens (13-18 years)	in Adults (18 Yrs. & above)
Calories	8 kcal	<1%	<1%
Total Carbohydrate	2.2 g	**	**
Sugar	1.6 g	**	**
Dietary Fiber (as pectin)	0.05 g	**	**
Proteins	0 g	**	**
Fats	0 g	0%	0%
Sodium	4 mg	<0.5%	<0.5%
Zinc (as Zinc Citrate)	7.5 mg	47%	50%
Vitamin K2-7	55 mcg	100%	100%
Selenium (as Selenium Chloride)	20 mcg	36%	36%
Vitamin D3 (from Vitashine™ Cholecalciferol from Lichens)	15 mcg	100%	100%
Vitamin B12 (as Cyanocobalamin)	2.2 mcg	100%	100%

**%RDA Calculated is based on ICMR 2020 guidelines for Children 5-12 years & Teens (13-18yrs).

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Zinc, Tangy Mango & Lemon Mix Flavour & Food Colour: Curcumin (INS 100), Vitamin K2-7, Selenium, Vitamin D3, Vitamin B12, Natural Sweetener Stevia (INS 960)

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Strawberry Flavour

multivitamin pro gummy

NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15 Contents	Amount Per Serving	**Approx % Daily Values in Adult Men (18 years & above)
Calories	15 kcal	<1%
Total Carbohydrate	4 g	*
Sugars	3 g	*
Dietary Fiber (as Pectin)	0.10 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	7.7mg	<1%
Vitamin C (as Ascorbic Acid)	24 mg	30%
Vitamin E (as D-Alpha Tocopherol Acetate)	5 mg	50%
Pantothenic Acid (as Calcium-D-Pantothenate)	2.5 mg	50%
Zinc (as Zinc Citrate)	2 mg	12%
Magnesium (as Magnesium Citrate)	1 mg	<1%
Vitamin A (as Vitamin A Palmitate)	375 mcg	38%
Folate (1 Folic acid= 1.7 Folate Equivalent)	100 mcg	33%
Iodine (as Potassium Iodide)	38 mcg	25%
Vitamin D (as Ergocalciferol)	15 mcg	100%
Vitamin B12 (as Cyanocobalamin)	2.2 mcg	88%

**%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Vitamin C, Vitamin E, Pantothenic Acid, zinc, Magnesium, Strawberry Flavour and Food Colours: Black Carrot Concentrate (Daucus Carota Root Extract), Vitamin A, Folic Acid, Iodine, Vitamin D, Vitamin B12.

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)



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"Your Nutrition Ally"



Strawberry Flavour

iron+ gummy

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy for Kids & 2 Gummies for Adults No. of Serving: per container 30/15 Contents	Amount Per 1 Serving	**Approx % RDA In Childrens (4-6 years)	Amount Per 2 Serving	**Approx % RDA In Teens & Adults
Energy	4.2 kcal	<1%	8.4 kcal	<2%
Total Carbohydrate	2 g	*	4 g	*
Sugars	0 g	*	0 g	*
Added Sugar	0 g	*	0 g	*
Sugar Alcohol	2 g	*	4 g	*
Proteins	0 g	0%	0 g	0%
Fat	0 g	0%	0 g	0%
Sodium	4mg	<0.5%	8mg	<1%
Vitamin C (as Ascorbic acid)	15 mg	50%	30 mg	23%
Iron (as Ferric Pyrophosphate) (from SunActive Fe standardized to 8% elemental Iron)	10.5 mg	81%	21 mg	66%
Folate (1 Folic acid= 1.7 Folate equivalent)	85 mcg	57%	170 mcg	57%
Vitamin B12 (as Cyanocobalamin)	0.3 mcg	14%	0.6 mcg	14%

***%RDA Calculated is based on ICMR 2020 guidelines for Children 5-12 years & Teens (13-18yrs).

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Polyols may have laxative effects.

Ingredients: Maltitol powder (INS 965i) and Maltitol Syrup (INS 965ii), Water, Gelling agent (440, 410, 407), Acidity Regulators (330, & 331iii), Vitamin C, Iron, Natural Strawberry Flavour and Food Colour: Black Carrot Concentrate (Daucus Carota Root Extract), Vitamin B9, Vitamin B12. Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

**CONTAINS PERMITTED NATURAL COLOURS (INS) AND
ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)**

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"Your Nutrition Ally"



Craneberry Flavour

sharp sighted gummy

NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15	Qty./ Serving	** Approx % Daily Values In Children (5-17 years) & Adults (18 years & above)
Contents		
Energy	8.4 kcal	<2%
Total Carbohydrate	4 g	*
Sugars	0 g	*
Added Sugar	0 g	*
Sugar Alcohol	4 g	*
Proteins	0 g	0%
Fat	0 g	0%
Sodium	8 mg	<1%
Eye Health Blend		
Omega-3: DHA (Algal DHA 20%)	15 mg	*
Vitamins and Minerals Blend		
Vitamin C	20 mg	67%
Vitamin E	5 mg	50%
Vitamin A	200 mcg	51%
Zinc	3.3 mg	100%
Herbal Blend		
Amla Extract	10 mg	*
Triphala (a proprietary blend of Amla, Bahera & Harad)	2.5 mg	*
White Pepper	0.25 mg	*
Fruits & Vegetables Blend		
Pomegranate Extract	5mg	*
Carrot Extract	5mg	*
Bilberry Extract	5mg	*
Spinach Extract	5mg	*
Beetroot Extract	5mg	*

**%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Polyols may have laxative effects.

Ingredients: Maltitol powder (INS 965i) and Maltitol Syrup (INS 965ii), Water, Gelling agents (440, 418, 407), Acidity regulators (330, 331iii), Vitamin C, Vitamin E, Zinc, Lutein, Zeaxanthin, Omega-3: DHA (Algal DHA 20%), Amla extract, Triphala, Pomegranate extract, Carrot extract, Bilberry extract, Spinach extract, Beetroot extract, Cranberry flavour and food colour: Black Carrot Concentrate (Daucus Carota Root Extract), Vitamin A, and White pepper. Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.
Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)

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"Your Nutrition Ally"



Strawberry Flavour

hsn with sesbania extract gummy

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30 Contents	Amount Per Serving	**Approx % Daily Values in Teens (13-17 years) & Adults (18 years & above)
Energy	8 kcal	0.4%
Protein	0 g	0%
Carbohydrate	2.2 g	*
Total Sugars	1.6 g	*
Added Sugars	0.8 g	1.6%
Dietary Fiber (as pectin)	0.05 g	0.17%
Total Fat	0 g	0%
Sodium	4 mg	<0.5%
Vitamins		
Vitamin A (as Vitamin A Palmitate)	300 mcg	30%
Vitamin C (as Ascorbic acid)	11.3 mg	14.13%
Vitamin E (as D-Alpha Tocopherol Acetate)	10 mg	100%
Vitamin B6 (Pyridoxin Hydrochloride)	0.25 mg	13.16%
Folate (1 Folic acid=1.7 Folate Equivalent)	129 mcg	100%
Natural Biotin (From Sesbania grandiflora Extract 10,000 mcg)	40 mcg	100%
Vitamin B12 (as Cyanocobalamin)	1 mcg	45.45%
Minerals		
Zinc (as Zinc citrate)	1 mg	5.9%
Iodine (as Potassium Iodide)	21 mcg	15%
Other Ingredients		
Inositol	2.5 mg	*

***RDA Calculated is based on ICMR 2020 guidelines for Teens 13-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

* Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: (Liquid Glucose), Water, Gelling Agents (INS 440, 418 & 407), Acidity Regulators (INS 330 & 331(iii)), Vitamin C (as ascorbic acid), Vitamin E (as D-Alpha Tocopherol Acetate) Vitamin B6 (as Pyridoxin hydrochloride), Inositol, Zinc, Strawberry Flavour And Food Colour Black Carrot Concentrate (Daucus Carota Root Extract) Vitamin A (as Vitamin A Palmitate), Folic Acid, Natural Biotin (From Sesbania grandiflora Extract 10,000 mcg), Iodine (as Potassium Iodide), Natural Sweetener Stevia (INS 960). Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA

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"Your Nutrition Ally"



Mixed Fruit Flavour

multivitamin+ iron gummy (Iron & Vitamin)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy for Kids & 2 Gummies for Adults No. of Serving: per container 30/15	Amount per 1 Serving	**Approx % Daily Values in Kids (5-12 years)	Amount per 2 Serving	**Approx % Daily Values in Teens & Adults
Contents				
Energy	4.2 kcal	<1%	8.4 kcal	<2%
Total Carbohydrate	2 g	*	4 g	*
Sugars	0 g	*	0 g	*
Added Sugar	0 g	*	0 g	*
Sugar Alcohol	2 g	*	4 g	*
Proteins	0 g	0%	0 g	0%
Fat	0 g	0%	0 g	0%
Sodium	7.7 mg	<1%	15.4 mg	<1%
Vitamin C (as Ascorbic acid)	15 mg	43%	30 mg	92%
Vitamin E (as Calcium-D-Pantothenate)	3 mg	30%	6 mg	60%
Iron (as Ferric Pyrophosphate) (from SunActiv Fe standardized to 8% elemental Iron)	1.25 mg	10%	2.5 mg	15%
Vitamin B5 (Vitamin B5 (as Calcium-D Pantothenate)	1 mg	30%	2 mg	40%
Zinc (as Zinc citrate)	0.25 mg	6%	0.5 mg	4%
Vitamin B6 (Vitamin B6 (as Pyridoxine Hydrochloride)	0.2 mg	12%	0.4 mg	21%
Vitamin B1 (as Thiamine Hydrochloride)	0.1 mg	11%	0.2 mg	14%
Vitamin A (as Vitamin A Palmitate)	172 mcg	34%	344 mcg	41%
Folate (1 Folic acid=1.7 Folate equivalent)	40 mcg	30%	80 mcg	36%
Selenium (as sodium selenate)	17.5 mcg	32%	35 mcg	64%
Biotin (Vitamin B7)	5 mcg	17%	10 mcg	25%
Vitamin D (as Ergocalciferol) (mcg)	4.375 mcg	29%	8.75 mcg	58%
Copper (as Cupric sulphate)	2.5 mcg	1%	5 mcg	2%
Vitamin B3 (as Niacin)	2.5 mcg	<1%	5 mcg	<1%
Vitamin B2 (as Riboflavin)	1 mcg	<1%	2 mcg	<1%
Vitamin B12 (As Cynocobalamin)	0.20 mcg	9%	0.40 mcg	18%

**%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Polyols may have laxative effects.

Ingredients : Maltitol powder (INS 965i) and Maltitol Syrup (INS 965i), Water, Gelling Agents : Pectin (INS 440), Carrageenan (INS 418), Gellan Gum (INS 407), Vitamin C (as Ascorbic Acid), Vitamin B3 (as nicotinamide), Vitamin E (as D-Alpha Tocopherol Acetate), Iron (as Ferric Pyrophosphate) (from SunActiv Fe standardized to 8% elemental Iron), Vitamin B5 (as Calcium-D Pantothenate), Zinc (as Zinc Citrate), Vitamin B1 (as Thiamine Hydrochloride), Vitamin B2 (Riboflavin as Riboflavin Phosphate-5 Sodium), Vitamin B6 (as Pyridoxine Hydrochloride), Vitamin, Mixed Fruit Flavour And Food Colour: Black Carrot Concentrate (Daucus Carota root extract), Vitamin A (as Vitamin A Palmitate), Folic Acid, Selenium (as Sodium Selenate), Biotin, Vitamin D (as Ergocalciferol), Cupric Sulphate, Vitamin B3, Vitamin B2, Vitamin B12 (As Cynocobalamin). Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)

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"Your Nutrition Ally"



Mango Flavour

bone pillar gummy (Calcium & Vitamin D)

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy for Kids & 2 Gummies for Adults No. of Serving: per container 30/15 Contents	Amount Per 1 Serving	**Approx % RDA In Childrens (4-6 years)	Amount Per 2 Serving	**Approx % RDA In Teens & Adults
Energy	4.2 kcal	<1%	8.4 kcal	<2%
Total Carbohydrate	2 g	*	4 g	*
Sugars	0 g	*	0 g	*
Added Sugar	0 g	*	0 g	*
Sugar Alcohol	2 g	*	4 g	*
Proteins	0 g	0%	0 g	0%
Fat	0 g	0%	0 g	0%
Sodium	4 mg	<0.5%	8 mg	<1%
Calcium (as Tricalcium phosphate)	125 mg	15%	250 mg	30%
Vitamin D(as Ergocalciferol)	5 mcg	33%	10 mcg	67%

**%RDA Calculated is based on ICMR 2020 guidelines for Children 5-12 years & Teens (13-18yrs).

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Polyols may have laxative effects.

Ingredients : Maltitol Powder (INS 965i), Fructooligosacchride 95%, Water, Gelling Agents (INS440, 418, 407), Calcium (as Tricalcium Phosphate), Flavour Mango, Food Colour : Curcumin (INS100), Vitamin D (as Ergocalciferol), Coating (INS 903, 905e).
Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.
Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

**CONTAINS PERMITTED NATURAL COLOURS (INS) AND
ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)**



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"Your Nutrition Ally"



Strawberry Flavour

uti defence gummy

NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15	Amount Per Serving	**Approx % Daily Values In Teens & Adults
Contents		
Energy	16 kcal	< 1%
Total Carbohydrate	4.4 g	*
Sugar	1.6 g	*
Dietary Fiber (as pectin)	0.10 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	8 mg	< 1%
Vitamin C	30 mg	50%
D-mannose	60 mg	*
Cranberry Extract (Vaccinium Oxycoccus)	500 mg	*

**%RDA Calculated is based on ICMR 2020 guidelines for
Teens & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

* Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Natural Sweetener Stevia (INS 960), Water,
Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331i),
Cranberry Flavour & Black Carrot Concentrate Color.

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish,
Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.
Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS
(NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Strawberry Flavour

rhythmic life gummy

(With Flaxseed Oil)

NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15 Contents	Amount Per Serving	**Approx % Daily Values In Adults (18 yrs and above)
Energy	16 kcal	<1%
Total Carbohydrate	4.4 g	*
Sugars	3.2 g	*
Dietary Fiber (as Pectin)	0.10 g	*
Proteins	0 g	0%
Fat	0 g	0%
Sodium	8 mg	<1%
Selenium	40 mcg	100%
Vitamin E	5 mg	50%
Flaxseed Oil	100 mg	*
Omega-3 Fatty Acid (Alpha-linolenic Acid (ALA))		
Omega-6 Fatty Acid (Linoleic Acid (LA))		
Omega-9 Fatty Acid (Oleic Acid)		
Cinnamon	10mg	*

**%RDA Calculated is based on ICMR 2020 guidelines for Teens 13-17 years & Adults

*Daily intake cannot be estimated as RDA is not established.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Natural Sweetener Stevia (INS 960), Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331i), Cranberry Flavour and Food Colours: Black carrot Concentrate, Coating (INS 905e, 903)

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)



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"Your Nutrition Ally"



Berry Mix Flavour

bc 30 probiotic gummy

NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15	Amount Per Serving	**Approx % Daily Values in Adults (18 years & above)
Contents		
Energy	8.4 kcal	<1%
Total Carbohydrate	4 g	*
Sugars	0 g	*
Added Sugar	0 g	*
Sugar Alcohol	2 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	8 mg	<1%
BC30™ (Bacillus coagulans GBI-30, 6086) 35 mg	500 Million CFU	*

**%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Polyols may have laxative effects.

Ingredients: Maltitol powder (INS 965i) and Maltitol Syrup (INS 965ii), Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331iii), BC30™ (Bacillus coagulans GBI-30, 6086), Berry Mix Flavour and Food Colours: Black Carrot Concentrate (Daucus carota root extract).

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives. Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)



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"Your Nutrition Ally"



Strawberry Flavour

vitamin d3+k2+b12 gummy

NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30 Contents	Amount Per Serving	**Approx % Daily Values		
		in Children (5-12 years)	in Teens (13-17 years)	in Adults (18 years & Above)
Energy	8 kcal	<1%	<1%	<1%
Total Carbohydrate	2.2 g	*	*	*
Total Sugar	1.6 g	*	*	*
Dietary Fibre (as pectin)	0.05 g	*	*	*
Protein	0 g	0%	0%	0%
Total Fat	0 g	0%	0%	0%
Sodium	4 mg	<0.5%	<0.5%	<0.5%
Vitamin D3 (from Vegiferol™ natural cholecalciferol from lichens)	15 mcg	100%	100%	100%
Vitamin B12 (as cyanocobalamin)	2.2 mcg	100%	88%	88%
Vitamin K2-7 (from MenaquinGold™ natural menaquinone-7 from fermented chickpeas)	55 mcg	100%	100%	100%

**%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agent (INS 440),

Acidity Regulator (INS 330 & 331iii), Orange Flavour, Food Colour: Paprika (INS 160c),

Vitamin D3, Vitamin B12, Vitamin K2-7.

Products are gluten free by nature and basis BLQ NABL test reports*

Free of: Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

Fats (includes Transfats, Saturated Fats & Cholesterol which are absent).

CONTAINS PERMITTED NATURAL COLOURS (INS) AND
ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)



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TAMARIND FLAVOUR

SHILAJIT *Spark* GUMMY

NET CONTENT: 30 Gummies

COMPOSITION

EACH GUMMY CONTAINS

INGREDIENTS:

QNTY.

Truextracts® Purified Shilajit Resin (Asphaltum punjabianum Purified Resin; made from 75% fulvic acid – Pure Himalayan Shilajit)	200 mg
Ashwagandha (Withania somnifera Rt. Ext. pd.)	50 mg
Black Musli (Curculigo orchioides. Rt. ext. pd; std. saponin 20%)	10 mg
Gokhru (Tribulus terrestris Whl plnt ext pd.; std. saponin 40%)	5 mg
Panax ginseng (Syn; Korean ginseng, CA. Meyer, Araliaceae Rt. Ext. pd.)	5 mg
Ginger (Zingiber officinalis Rt. Ext. pd.;std.)	5 mg
Kaunch (Mucuna pruriens Seed Ext. pd.)	5 mg
Akarkara (syn Spanish chamomile; Anacyclus pyrethrum flower ext. pd.)	5 mg
Flavour Tamarind	
Excipients QS	

It is an Ayurvedic product, so the colour and flavour may change over time, but the efficacy remains the same.

INDICATIONS:

- Balya (Body Strengtheners)
- Vrishya (Aphrodisiac)
- Vajikar (Enhances Vigor and Vitality)

DOSAGE:

1-2 gummies twice daily as required or as directed by a physician.

DIRECTION FOR USE:

Chew the gummy thoroughly and completely.

DISCLAIMER:

All claims are ingredient-based and not product-based. Images are for reference purposes only.



"Your Nutrition Ally"



TAMARIND FLAVOUR

SHILAJIT GUMMY

NET CONTENT: 30 Gummies

COMPOSITION

EACH GUMMY CONTAINS

INGREDIENTS:

Truextracts® Purified Shilajit Resin (Asphaltum punjabianum Purified Resin; made from 75% fulvic acid – Pure Himalayan Shilajit)
Flavour Tamarind
Excipients QS

QNTY.

200 mg

It is an Ayurvedic product, so the colour and flavour may change over time, but the efficacy remains the same.

INDICATIONS:

- Balya (Body Strengtheners)
- Vrishya (Aphrodisiac)
- Vajikar (Enhances Vigor and Vitality)

DOSAGE:

1-2 gummies twice daily as required or as directed by a physician.

DIRECTION FOR USE:

Chew the gummy thoroughly and completely.

REFERENCE:

Authentic Shilajit, formulated based on Bhaishajya Ratnavali (Pages 35-36).

DISCLAIMER:

All claims are ingredient-based and not product-based.
Images are for reference purposes only.



"Your Nutrition Ally"